



For all the commands, you need to remember the following simple procedure:

1. Name of the dog (ONCE)
 2. Command (ONCE)
 3. Hand signal (ONCE)
- } **At the same time**

- Do not repeat them in any ways. Get used to saying once and making it happen.
- Make sure to make eye contact with your dog when you call its name.

Stay Command Phase Two:

The stay phase two command also starts with the dog in sit position on your left side.

Stay Phase two:

1. Follow the steps to the “Sit” command. Your dog will be on your left side sitting.
2. Say the name of your dog,
3. Give the command “Stay”,
4. Pivot your left hand in front of your dog’s face.
5. Step away from your dog starting with your right leg by going to the end of the leash and start going around the dog in a form of a circle, going behind the dog and then come back to the same spot you left the dog which is on your dog’s right side.
6. The duration could start from 10 seconds and increase up to two minutes.
7. Remember to add different speeds, different movements, objects, distractions as you progress in your training.

If the dog moves after the command has given:	If the dog stays all the way and you release:
<ol style="list-style-type: none">1. Say “No” if needed, up to 3 times.2. Bring the dog back to where it was sitting by guiding the dog with the leash.3. Pull the leash gently up and gently push the bum down simultaneously and continue the stay command.4. Do not repeat the command procedure.5. Continue with the stay phase two command.	<ul style="list-style-type: none">• Praise or play with your dog.• Repeat• Celebrate