

For all the commands, you need to remember the following simple procedure:

- 1. Name of the dog (ONCE)
- 2. Command (ONCE)
- 3. Hand signal (ONCE)

At the same time

- Do not repeat them in any ways. Get used to saying once and making it happen.
- Make sure to make eye contact with your dog when you call its name.
- The duration you ask to stay can start from 10 seconds and increase up to two to five minutes.

Stay Command Phase One:

There are two parts which will call theme phases. Phase one and two.

The stay phase one command is the easy or the light version. It starts with the dog in sit position.

Stay phase one:

- 1. Follow the steps to the "Sit" command. Your dog will be on your left side sitting.
- 2. Say the name of your dog,
- 3. Give the command "Stay",
- 4. Pivot your left hand in front of your dog's face.
- 5. Step away from your dog starting with your right leg by going to the end of the leash and comeback within certain time to the same spot you left the dog which was on your dog's right side.
- 6. Release your dog by following the release command. (using your left leg)

If the dog moves after the command has given:	If the dog stays all the way and you release:
 Say "No" if needed, up to 3 times. Bring the dog back to where it was sitting by guiding the dog with the leash. 	Praise or play with your dog.Repeat
 Pull the leash gently up and gently push the bum down simultaneously and continue the stay command. 	
4. Do not repeat the command procedure.5. Continue on keeping the dog on stay position.	