



Sit Command:

To teach your puppy to sit, simply focus on playing with your puppy and randomly ask your puppy to sit. Here are some tips and steps to be reminded of.

- When asking your puppy to sit, **do not repeat** the command. Get used to saying once and making it happen.
- Hold the toy in your hand and make eye contact with your puppy and then ask it to sit.
- Make sure that your puppy has heard the command.
- Stay there for about 30 seconds and see if your puppy sits. If it sits, praise it verbally and offer the toy and follow up with a game or celebration.
- If your puppy does not sit after 30 seconds, gently push the bum down while holding the toy in your hand while saying your puppies name and the word NO. If the bum does not go down easily and softly, restart the game and try the steps again.
- You should be able to gently press the bum to go down as you will press a button on your remote control. Do not force it.
- Simply just practice this command and the steps above until your puppy gives you the behaviour automatically.

If the puppy does not sit when asked:	If the puppy sits:
<ol style="list-style-type: none">1. Say "No" if needed, up to 3 times.2. push the bum down gently.3. Do not repeat the command procedure.	<ul style="list-style-type: none">• Praise or play with your puppy.• Repeat the exercise with a play.