



For all the commands you need to remember this simple procedure:

1. Name of the dog (ONCE)
 2. Command (ONCE)
 3. Hand signal (ONCE)
- At the same time**

- Do not repeat them in any ways. Get used to saying once and making it happen.
- Make sure to make eye contact with your dog when you call its name.

Heel Command

This command starts with the dog in sit position on your left side.

1. Say the name of your dog,
2. Tap your left leg once to signal the command and say “Heel” at the same time,
3. Start walking with your left foot to point the movement.
4. Keep the leash short but loose and close to your hip.

Remember:

- Praise the dog if the leash stays loose.
- Encourage the dog to walk by your side.
- If the dog gets distracted, change directions.
- Don't forget to release the dog from the command. You can either ask the dog to sit or walk free on loose leash.
- You can also practice giving the “heel” command while walking free on loose leash.

Few uses for heel command:

- When passing by an unfamiliar dog or person.
- When visiting a store or a market place.