



## **SARO DOG TRAINING**

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### **Correcting and praising your dog while walking on leash:**

- Practice walking your dog in controlled environments and not at the park or anywhere else for the first few weeks or months.
- Use these three words only: **1)** yes or good boy/girl, **2)** no, **3)** this way.
- Praise your dog (verbally) by saying “good boy/girl and/or (physically) by petting.
- Correct your dog by saying “NO” (verbally) and using the leash (physically) if needed anytime your dog makes a mistake or performs a behaviour that is unwanted.
- Try not to get emotional when correcting or praising your dog. Through repetition you will be able to find and practice the right state of mind.

### **Walking your dog on Free on loose leash (F.O.L.L.) system:**

- Always start and end the walk in a calm manner. Do not start the walk until the dog has calmed down completely inside the house.
- During any walk, the dog is not allowed to pull on the leash.
- During the walk the dog is allowed to sniff, pee, poop, greet others, etc. and has the freedom to do whatever it wants and be wherever within 6 foot radius of the handler as long as is behaving good.
- The dog can be in front, on the back or on your sides, if it wishes.
- The dog can enter and exit doors first or last as long as is not pulling on the leash.
- Tight leash is negative, and you should use it as an opportunity to teach by a verbal and physical correction.
- Loose leash is positive, and your dog should be rewarded for a good behaviour.

### **How to correct and work with your dog on leash:**

<b>If the dog pulls on the leash:</b>	<b>If the leash stays loose...</b>
<ol style="list-style-type: none"><li>1. Say “NO”( up to x3) in a firm but neutral tone.</li><li>2. Say “This way” to guide the dog and pull the leash to a side and redirect the dog to you.</li><li>3. If still pulls, Pull to a side and change directions.</li><li>4. Try to change directions or correct before the dog pulls on the leash.</li></ol>	<ul style="list-style-type: none"><li>• Reward, praise or play with your dog.</li><li>• Change directions. Say “This way” to guide the dog to build attentiveness.</li></ul>