



D O G T R A I N I N G

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Correcting and praising your dog while walking on leash:

- Practice at home not at the park or anywhere else for the first few weeks or months.
- Use these three words only: **1)** yes or good boy/girl, **2)** no, **3)** this way.
- Praise your dog (verbally) by saying “good boy/girl and/or (physically) by petting.
- Correct your dog by saying “NO” (verbally) and using the leash (physically) if needed anytime your dog makes a mistake or performs a behaviour that is unwanted.
- Try not to get emotional when correcting or praising your dog. Through repetition you will be able to find and practice the right state of mind.
- Remember the theory of a book. A book has beginning, middle and an end.

Walking your dog on Free on loose leash (F.O.L.L.) system:

- Always start and end the walk in a calm manner. Do not start the walk until the dog has calmed down completely inside the house.
- During any walk, the dog is not allowed to pull on the leash.
- During the walk the dog is allowed to sniff, pee, poop, greet others, etc. and has the freedom to do whatever it wants and be wherever within 6 foot radius of the handler as long as is behaving good.
- The dog can be in front, on the back or on your sides, if it wishes.
- The dog can enter and exit doors first or last as long as is not pulling on the leash.
- Tight leash is negative, and you should use it as an opportunity to teach by a verbal and physical correction.
- Loose leash is positive, and your dog should be rewarded for a good behaviour.

How to correct and work with your dog on leash:

If the dog pulls on the leash:	If the leash stays loose...
<ol style="list-style-type: none">1. Say “NO”(up to x3) in a firm but neutral tone.2. Say “This way” to guide the dog and pull the leash to a side and redirect the dog to you.3. If still pulls, Pull to a side and change directions.4. Try to change directions or correct before the dog pulls on the leash.	<ul style="list-style-type: none">• Reward, praise or play with your dog.• Change directions. Say “This way” to guide the dog to build attentiveness.