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## For all the commands, you need to remember this simple procedure:

- 1. Name of the dog (ONCE)
- 2. Command (ONCE)
- 3. Hand signal (ONCE)

— At the same time

- Do not repeat them in any ways. Get used to saying once and making it happen.
- Make sure to make eye contact with your dog when you call its name.

## **Down Command**

This command starts with the dog in sit position on your left side.

- 1. Ask your dog to sit and stay,
- 2. Say or call your dog's name,
- 3. Give the command of "Down",
- 4. Push the palm of your right hand towards the ground as if you're pressing a big button.

If the dog does not lie down:		If the dog stays all the way and you release:
1.	Say "No" if needed, up to 3 times.	Praise or play with your dog.
2.	Motivate your dog to lie down by one of the following steps:	Repeat
3.	Use your dog's faviourite toy.	
4.	Kneel and tap the floor.	
5.	Praise your dog when it lies down by itself.	
6.	Take your time to teach this command.	

## Follow up by some additional or follow up exercises:

- Ask your dog to stay in down position.
- You can use the same techniques of stay phase one and two as you have learned.